

COOKING NINJA CAMP



In this camp you will:

- Prepare and eat a variety of lunch options
- Make and share snacks with the rest of the camp
- Discuss helpful tips and tricks to making healthy choices, like eating well and being active
- Practice planning and shopping strategies for healthy eating

LOCATION:

Gogebic Community College
E4946 Jackson Rd., Ironwood MI 49938

LINDQUIST CENTER KITCHEN

This camp is **FREE** to students.
Sponsored by Michigan health endowment
fund and MSU-E 4H program.

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